



## EDUCATIONAL GYMNASTICS MEET

**February 20, 21, 24, 25, 26, 2025**  
**Carling Heights Optimist Community Centre**

9:15 - 9:40 A.M. — School Arrival and Marshalling of Round 1

9:45 Opening of the Meet

- Introductory Remarks
- Greetings and opening remarks from the Board Rep.
- Announcements

### SCHEDULE OF EVENTS

TIME	EVENT	LOCATION
Round # 1	Primary #1: Bench and Stool	A
Following Opening	Primary #2: Plank and Mats	B
Ceremonies to 10:45	Intermediate #1: Bar Box and Mats	C
A.M.*	Intermediate #2: 16 Mats	D - Music
	Primary #3: Ladder and Small Box	E
Round # 2	Primary #4: Bench and Mats	A
10:45 to 11:30 A.M.*	Primary #5: Plank, Bench and Stool	B
	Junior #1: Bar Box and Bench	C
	Junior #2: 16 Mats	D - Music
	Primary Mixed: Ladder and Bench	E
Round # 3	Junior #3: Beam and Stool	A
11:30 to 12:15 P.M.*	Intermediate Mixed: Benches and Large Boxes	B
	Junior #4: Bar Box, Mats, and Small Boxes	C
	Junior Mixed: Strips of Mats	D - Music
	Intermediate #3: Strips of Mats	E
Round # 4	Mass Participation	Gym Floor
12:15 to 1:00 P.M.*		
1:00 P.M.*	Wrap-up and Board Buses	

\* All times are approximate, and we could move ahead at some stations faster than others.